

### **Picton Court Care Home** Porthcawl, Bridgend

### **Making Lives Better**

### Welcome to Picton Court

Picton Court Care Home is set in attractive, spacious grounds with beautiful coastal and countryside views for over 55s in Porthcawl, near Bridgend, South Wales. We focus on giving a great quality of life to our residents, whatever their abilities and needs are.

Our specially trained team provide tailored care to our residents, including residential care and specialist care for those living with physical or mental disabilities and dementia.

We pride ourselves on providing a happy, friendly and warm environment that lets residents be as independent or involved as their needs and wants allow.

Our emphasis is on the 'home' in 'care home'.



# Friendship and fun on the doorstep

We give our residents many chances to make friends, have interesting conversations and enjoy group activities. Every day there is something different for residents to take part in.

Regular activities include bingo, film nights, games, sing-alongs, arts and crafts, armchair exercise, cooking sessions and quizzes. It's hard to get bored here!



Fun and skill games

Gardening



Cards and bingo

**Craft-making** 

### Did you know?

It's been proven that spending time outdoors boosts the mental health, physical health and cognitive function of our residents.

# 100%

of residents agree that they are treated with dignity and respect

### Home comforts, companions and care

# Warm and comfy rooms to call your own

We have 76 bedrooms in total, divided into 42 nursing places, 21 residential places and 13 places for those who require Elderly Mentally Infirm (EMI) care.

The bedrooms are bright, airy, comfortable and generously sized. Each room has personal washing facilities, a telephone point and wardrobes with matching units and chairs. We are very happy for residents to bring some personal possessions with them so that they can make their rooms their own.

#### Enclosed outdoor spaces to explore and enjoy

Picton Court is situated within nearly three acres of sunlit grounds with views over the Royal Porthcawl golf course and the Bristol Channel. Easy access garden and patio areas provide opportunities for gardening, flower arranging and other outdoor activities. Everybody can benefit from time outside without having to go far from their rooms.

### Space to meet, mix and meander

Picton Court has lots of break-out space where residents can take part in hobbies, catch up over cups of tea and spend quality time with their new and old friends and family. Our three communal lounges double up as function rooms, often used for fun sessions organised by our full-time activities coordinator.

### Nutritious food to suit all tastes

We have an on-site professional kitchen where our trained chefs prepare three home-made meals each day for our residents. There are multiple options at every mealtime and our experienced culinary team can cater for specialist diets and individual needs as required. Meals are usually eaten in one of our three dining rooms, but it is perfectly fine for residents to eat in the privacy of their own rooms if they wish to.



"The team are wonderful and treat the residents wonderfully. I would happily recommend. Anyone who needs caring would love Picton Court."

Resident's relative

# 100%

of residents are satisfied with the care and support they receive

## Peace of mind

### Our residents are in safe hands

We strive to provide high quality residential, dementia and respite care. Our round-theclock care package is provided by our highly motivated, fully qualified and friendly team. They do what's necessary to meet the care needs of our residents, taking into account each individual's situation and personalising the care to suit them.

### **Protected and private**

We want our residents to feel safe and at ease at Picton Court because our home is their home too. In order to achieve this, we have:

- A secure door entry system
- CCTV cameras inside the home
- A 24-hour nurse call system
- A full fire alarm system with all safety features
- Safety restrictors on all windows
- Well-lit secure parking for visitors
- Specialist assisted rise and fall baths
- Hearing loops fitted in all our lounge and dining areas
- Enclosed private gardens

On joining us at Picton Court, we assess each new resident so that we can ensure their current needs are identified and met. Throughout their stay, we monitor them closely so that we can increase the levels of care they receive over time, if necessary. We genuinely care about and value all of our residents, so we make sure that they are as happy and healthy as possible.



### Visitors are always welcome

We want our residents to be able to have visits from friends and family as and when they like, so we don't have set visiting times. To encourage regular visits, we give relatives the opportunity to purchase a key fob so that they can pop by as they please. We have WiFi, tea and coffee facilities and vending machines for all visitors to use.

## Find us where the coast meets the countryside

Picton Court Care Home is in the village of Nottage, just a short way from Porthcawl town centre. It's a lovely seaside spot complete with fish and chip bars, restaurants, a theatre, shops and an annual festival for Elvis Presley impersonators. As part of the Wales Coast Path, there are some great areas in Porthcawl to explore and take in the views over the Bristol Channel.



"The home is a happy environment with very high standards. The team are excellent, happy and professional."

Resident's relative

# 100%

of residents feel safe living in their home



#### Who we are

Hafod is a socially conscious organisation focused on making lives better by building communities and making connections. Our ambition is to transform housing, health, social care and support in order to improve the well-being of our customers.

We care for some of the most vulnerable people in society, enabling them to maintain their independence and well-being for as long as possible whether this be in their own homes, supported accommodation or in our residential and nursing homes.

### To find out more

If you are interested in finding out more about Picton Court or would like to talk about how to become a resident, please get in touch.

We appreciate that choosing care can be a daunting experience, so please let us know if we can help with any questions, including advice on referrals and funding.

We welcome potential residents and their family to come to visit us and see the home before they apply for a room. Please book in advance so we know when to expect you.

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